



Maggie's Activity Pack

Name _____

Date _____

Keep Your Teeth Healthy!

Unscramble these sentences to learn more about dental health. Do you see a clue?



1. teeth a day Brush your twice

2. Floss to gums keep healthy your

3. dentist Visit least at year twice the a

4. covers Enamel protects teeth and your

5. protects teeth decay Enamel your from

6. forms A when eats cavity away plaque a tooth at

What do these important words mean?

1. plaque – _____

2. floss – _____

3. enamel - _____

Dear Colleague,

With so many special events in the month of February, we know it is a busy time for you. It is also Dental Health Month, but as you know, healthy teeth are a concern year round. We hope you will use this activity at a center...and not just for fun but also to help your students see how words are put together to form sentences. You can even use this at 2 different centers. One center can simply become an “Unscramble These Sentences” place while another can focus on “Parts of Speech.” Assign students to sort the words in the sentences under different headings such as noun, verb, adjective, etc. Your directions can fit the needs of your class.

Another idea for Dental Health Month is to turn your students into Healthy Teeth Ambassadors. So many little children have a fear of the dentist. Ask your students to put on a skit, write a play from the point of view of a tooth, or pretend to be a dentist. Have them visit a Pre-K (if you have one in your school) or a kindergarten classroom. They can become the teachers and role models for these young children as they help them learn about healthy teeth. This encourages your students to do more in-depth research about dental health and gives them valuable public speaking experience in front of a friendly audience.

Happy teaching,
Dr. Kathy

Answer Key:

Scrambled Sentences: *(Do your children notice the clue? The first words of the sentences are capitalized.)*

1. Brush your teeth twice a day.
2. Floss to keep your gums healthy.
3. Visit the dentist at least twice a year.
4. Enamel covers and protects your teeth. or Enamel protects and covers your teeth.
5. Enamel protects your teeth from decay.
6. A cavity forms when plaque eats away at a tooth.

Definitions (Using Context Clues)

1. plaque – something that forms on your teeth to cause cavities.
2. floss – thin thread to keep your gums healthy
3. enamel – a hard layer that keeps your teeth healthy

Goals:

Students unscramble sentences to learn about taking care of teeth. They use the context of the sentences to define vocabulary words. Ideas for using this activity during Dental Health Month are suggested in the Dear Colleague letter. This activity is available on the emergent, primary, and intermediate levels and correlates with the National Health Education Standards and with the “Knowledge of Language” and “Vocabulary Acquisition and Use” of Common Core ELA Strands.